

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**RECORDS**

**Men 45-49**

**50 LC Meter Back:**

*Clay Britt, ANCM, 29.09*

*Clay Britt, 28.74 (relay lead off split)*

*USMS National and FINA World Record*

**100 LC Meter Back:**

*Clay Britt, ANCM, 1:02.07*

*USMS National and FINA World Record*

**Men 55-59**

**100 LC Meter Free:**

*Paul Trevisan, 1776, 58.21*

*USMS National and FINA World Record*

**OFFICIALS**

Referee: Jim Carey

Admin Referee: Ellen Carey

Starter and Stroke & Turn Judges:

Rita Page, Mike O'Brien, Denice Wepasnick

\* All officials are currently USA Swimming certified.

Computer Operations: Carrie Tupper

Lane Timers: Mason Makos

**MEET DIRECTOR**

Eric Nordlund

(301) 474-8382

[ericswims@yahoo.com](mailto:ericswims@yahoo.com)

These results can be found online at:

[www.pvmasters.org](http://www.pvmasters.org)

**WOMEN**

**Women 18-24 50 Meter Free**

1	Fiedler, Caitlin	24	ALEX-PV	30.44
2	Hufford, Ellen	24	AAMS-PV	38.60

**Women 18-24 100 Meter Free**

1	Jenko, Kimberly	23	NCYM-PV	1:07.23
				32.20
				1:07.23
2	Hufford, Ellen	24	AAMS-PV	1:27.69
				40.19
				1:27.69

**Women 18-24 200 Meter Free**

1	Jenko, Kimberly	23	NCYM-PV	2:26.62
				35.36
				1:12.79
				1:50.16
2	Hufford, Ellen	24	AAMS-PV	3:12.39
				40.23
				1:28.66
				2:21.57
				3:12.39

**Women 18-24 50 Meter Back**

1	Fiedler, Caitlin	24	ALEX-PV	35.22
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**Women 18-24 50 Meter Breast**

1	Hufford, Ellen	24	AAMS-PV	1:01.90
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**Women 18-24 100 Meter Breast**

1	Jenko, Kimberly	23	NCYM-PV	1:23.18
				39.74
				1:23.18

**Women 18-24 200 Meter Breast**

1	Jenko, Kimberly	23	NCYM-PV	3:00.44
				43.28
				1:29.55
				2:15.80
				3:00.44

**Women 18-24 200 Meter IM**

1	Jenko, Kimberly	23	NCYM-PV	2:45.81
				35.49
				1:22.47
				2:07.11
				2:45.81

**Women 18-24 400 Meter IM**

1	Jenko, Kimberly	23	NCYM-PV	6:01.00
				39.65
				1:25.41
				2:15.62
				3:52.99
				4:40.81
				5:21.56
				6:01.00

**Women 25-29 50 Meter Free**

1	Stakem, Meredith	25	TERR-PV	29.88
2	Grover, Mollie	25	TERR-PV	30.21
3	Richardson, Shandra	26	RIPM-PV	30.62
4	Jones, Rose	28	ALEX-PV	34.65
5	Rauzin, Ivy	28	NYCH-MR	40.09

**Women 25-29 100 Meter Free**

1	Stakem, Meredith	25	TERR-PV	1:07.97
				31.98
				1:07.97
2	Friedman, Jodie	25	NYCH-MR	1:08.33
				32.85
				1:08.33
3	Fry, Jessica	26	RMST-PV	1:10.67
				34.36
				1:10.67
4	Flickinger, Erica	28	1776-DV	1:13.78
				35.04
				1:13.78
5	Jones, Rose	28	ALEX-PV	1:18.36
				37.37
				1:18.36

**Women 25-29 200 Meter Free**

1	Richardson, Shandra	26	RIPM-PV	2:26.33
				32.74
				1:09.16
				1:48.04
				2:26.33
2	Friedman, Jodie	25	NYCH-MR	2:35.44
				35.53
				1:15.27
				1:56.00
				2:35.44
3	Flickinger, Erica	28	1776-DV	2:42.79
				37.60
				1:18.20
				2:01.01
				2:42.79

**Women 25-29 400 Meter Free**

1	O'Reilly, Jennifer	27	RMST-PV	5:13.02
				36.29
				1:15.84
				1:55.90
				2:36.00
				3:15.76
				3:55.60
				4:35.12
2	Riedinger, Kelly	27	UNAT-VA	6:04.07
				40.55
				1:25.36
				2:11.12
				2:57.84
				3:45.18
				4:33.00
				5:20.38
				6:04.07

**Women 25-29 800 Meter Free**

1	O'Reilly, Jennifer	27	RMST-PV	10:37.21
				32.01
				1:15.23
				1:55.13
				2:35.49
				3:09.66
				3:55.93
				4:32.65
				5:16.59
				5:53.73
				6:37.09
				7:17.15
				7:57.32
				8:38.31
				9:19.03
				9:52.87
				10:37.21

**Women 25-29 50 Meter Back**

1	Grover, Mollie	25	TERR-PV	35.50
2	Richardson, Shandra	26	RIPM-PV	35.95
3	Fry, Jessica	26	RMST-PV	36.82
4	Stakem, Meredith	25	TERR-PV	37.37
5	Busch, Courtney	25	TERR-PV	38.67
6	Jones, Rose	28	ALEX-PV	41.50

**Women 25-29 100 Meter Back**

1	O'Reilly, Jennifer	27	RMST-PV	1:15.41
				36.54
				1:15.41
2	Busch, Courtney	25	TERR-PV	1:22.57
				40.93
				1:22.57
3	Jones, Rose	28	ALEX-PV	1:30.07
				43.27
				1:30.07

**Women 25-29 200 Meter Back**

1	O'Reilly, Jennifer	27	RMST-PV	2:43.74
				39.18
				1:20.60
				2:02.50
				2:43.74
2	Busch, Courtney	25	TERR-PV	2:51.83
				41.46
				1:24.36
				2:08.61
				2:51.83
3	Jones, Rose	28	ALEX-PV	3:15.92
				47.59
				1:37.56
				2:28.18
				3:15.92

**Women 25-29 50 Meter Breast**

1	Friedman, Jodie	25	NYCH-MR	39.50
2	Grover, Mollie	25	TERR-PV	39.85
3	O'Reilly, Jennifer	27	RMST-PV	41.22
4	Riedinger, Kelly	27	UNAT-VA	43.19

**Women 25-29 100 Meter Breast**

1	Friedman, Jodie	25	NYCH-MR	1:29.79
				43.15
				1:29.79
2	Riedinger, Kelly	27	UNAT-VA	1:32.62
				44.05
				1:32.62

**Women 25-29 200 Meter Breast**

1	O'Reilly, Jennifer	27	RMST-PV	3:10.81
				43.42
				1:32.50
				2:21.29
				3:10.81
2	Riedinger, Kelly	27	UNAT-VA	3:19.54
				46.14
				1:36.32
				2:28.49
				3:19.54
3	Friedman, Jodie	25	NYCH-MR	3:19.98
				46.70
				1:37.63
				2:29.19
				3:19.98
4	McKelvey, Lauren	25	FXCM-PV	3:20.84
				45.72
				1:37.45
				2:29.59
				3:20.84

**Women 25-29 50 Meter Fly**

1	Grover, Mollie	25	TERR-PV	32.61
2	Stakem, Meredith	25	TERR-PV	33.22
3	O'Reilly, Jennifer	27	RMST-PV	34.50
4	Busch, Courtney	25	TERR-PV	35.86
5	Jones, Rose	28	ALEX-PV	37.20
6	Fry, Jessica	26	RMST-PV	37.76

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**Women 25-29 100 Meter Fly**

1	Richardson, Shandra	26	RIPM-PV	1:16.85
	36.89	1:16.85		
2	Busch, Courtney	25	TERR-PV	1:20.20
	36.76	1:20.20		
3	Fry, Jessica	26	RMST-PV	1:31.30
	42.65	1:31.30		

**Women 25-29 200 Meter Fly**

1	Stakem, Meredith	25	TERR-PV	2:59.01
	39.45	1:25.59	2:13.09	2:59.01
2	Mc Kelvey, Lauren	25	FXCM-PV	3:14.61
	42.26	1:32.12	2:24.36	3:14.61

**Women 25-29 200 Meter IM**

1	Busch, Courtney	25	TERR-PV	2:50.42
	36.66	1:20.69	2:11.82	2:50.42
2	Friedman, Jodie	25	NYCH-MR	2:56.54
	38.84	1:28.11	2:17.53	2:56.54

**Women 25-29 400 Meter IM**

1	Mc Kelvey, Lauren	25	FXCM-PV	6:24.43
	40.83	1:29.25	2:21.32	3:12.03
	4:03.74	4:55.68	5:40.69	6:24.43

**Women 30-34 50 Meter Free**

1	Braun, Erika	34	NCMS-NC	28.10
2	Hatakeyama, Chio	31	ALEX-PV	30.51
3	Flickinger, Katie	31	1776-DV	36.62

**Women 30-34 100 Meter Free**

1	Braun, Erika	34	NCMS-NC	1:02.08
	29.24	1:02.08		
2	Flickinger, Katie	31	1776-DV	1:30.42
	43.44	1:30.42		

**Women 30-34 200 Meter Free**

1	Vlaun, Kristen	34	RIPM-PV	2:32.95
	36.21	1:14.56	1:54.11	2:32.95

**Women 30-34 400 Meter Free**

1	Hatakeyama, Chio	31	ALEX-PV	5:33.67
	39.65	1:22.17	2:04.96	2:47.76
	3:30.20	4:13.21	4:54.79	5:33.67

**Women 30-34 800 Meter Free**

1	Vlaun, Kristen	34	RIPM-PV	10:52.77
	37.08	1:16.66	1:53.94	2:38.00
	3:19.50	4:00.55	4:42.50	5:23.74
	6:05.32	6:46.35	7:27.98	8:09.53
	8:50.72	9:31.93	10:13.07	10:52.77

**Women 30-34 50 Meter Back**

1	Braun, Erika	34	NCMS-NC	33.64
2	Flickinger, Katie	31	1776-DV	53.06

**Women 30-34 100 Meter Back**

1	Braun, Erika	34	NCMS-NC	1:11.98
	34.81	1:11.98		

**Women 30-34 50 Meter Breast**

1	Braun, Erika	34	NCMS-NC	37.55
2	Hatakeyama, Chio	31	ALEX-PV	38.76
3	Flickinger, Katie	31	1776-DV	53.69

**Women 30-34 100 Meter Breast**

1	Hatakeyama, Chio	31	ALEX-PV	1:26.39
	41.43	1:26.39		
2	Flickinger, Katie	31	1776-DV	2:00.51
	59.66	2:00.51		

**Women 30-34 200 Meter Breast**

1	Hatakeyama, Chio	31	ALEX-PV	3:05.62
	43.60	1:30.76	2:18.34	3:05.62

**Women 30-34 50 Meter Fly**

1	Braun, Erika	34	NCMS-NC	31.65
2	Hatakeyama, Chio	31	ALEX-PV	33.15
3	Flickinger, Katie	31	1776-DV	46.75

**Women 35-39 50 Meter Free**

1	Burkart, Dana	35	PAFC-DV	33.12
2	Hokenson, Christina	37	VMST-VA	33.30

**Women 35-39 100 Meter Free**

1	Burkart, Dana	35	PAFC-DV	1:15.35
	36.18	1:15.35		

**Women 35-39 400 Meter Free**

1	Moore, Alison	36	OREG-OR	5:40.15
	39.01	1:20.73	2:03.22	2:46.62
	3:30.35	4:14.46	4:58.34	5:40.15
2	Burkart, Dana	35	PAFC-DV	6:00.23
	39.76	1:24.69	2:11.82	2:58.86
	3:46.09	4:32.40	5:18.59	6:00.23

**Women 35-39 800 Meter Free**

1	Moore, Alison	36	OREG-OR	11:29.42
	39.19	1:20.92	2:03.79	2:46.53
	3:30.06	4:13.10	4:57.15	5:41.15
	6:25.08	7:08.84	7:52.81	8:36.60
	9:20.38	10:04.05	10:47.78	11:29.42
2	Burkart, Dana	35	PAFC-DV	12:21.74
	39.93	1:25.45	2:12.97	3:00.59
	3:48.10	4:35.73	5:23.10	6:10.43
	6:57.38	7:44.76	8:31.76	9:18.67
	10:05.92	10:52.44	11:38.38	12:21.74

**Women 35-39 50 Meter Back**

1	Burkart, Dana	35	PAFC-DV	40.04
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**Women 35-39 50 Meter Breast**

1	Burkart, Dana	35	PAFC-DV	44.87
2	Hokenson, Christina	37	VMST-VA	46.61

**Women 35-39 100 Meter Breast**

1	Moore, Alison	36	OREG-OR	1:35.48
	46.25	1:35.48		
2	Burkart, Dana	35	PAFC-DV	1:40.99
	47.10	1:40.99		

**Women 35-39 200 Meter Breast**

1	Moore, Alison	36	OREG-OR	3:19.91
	46.65	1:37.02	2:28.49	3:19.91

**Women 35-39 50 Meter Fly**

1	Hokenson, Christina	37	VMST-VA	37.44
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**Women 40-44 50 Meter Free**

1	Jaeger, Debbie	44	VMST-VA	32.36
2	Dawson, Mandy	44	RMST-PV	32.43
3	Rutkowski, Rae Ann	44	CONN-CT	34.13

**Women 40-44 100 Meter Free**

1	Dawson, Mandy	44	RMST-PV	1:14.70
	35.31	1:14.70		
2	Elshafei, Donna	42	TERR-PV	1:23.43
	40.36	1:23.43		
3	Lewis, Bronwyn	43	VMST-VA	1:28.66
	42.68	1:28.66		

**Women 40-44 200 Meter Free**

1	Lewis, Bronwyn	43	VMST-VA	3:04.73
	43.18	1:29.35	2:17.73	3:04.73

**Women 40-44 400 Meter Free**

1	Jaeger, Debbie	44	VMST-VA	5:52.03
	40.14	1:24.25	2:08.83	2:54.20
	3:39.52	4:24.57	5:09.30	5:52.03
2	Lewis, Bronwyn	43	VMST-VA	6:38.27
	46.51	1:35.21	2:25.27	3:15.45
	4:10.08	5:00.47	5:49.82	6:38.27

**Women 40-44 800 Meter Free**

1	Mc Millan, Rosanna	44	RCA-VA	12:43.41
	41.18	1:26.38	2:13.91	3:01.69
	3:51.10	4:38.95	5:27.11	6:15.62
	7:04.44	7:52.90	8:41.66	9:31.13
	10:19.31	11:07.50	11:56.36	12:43.41
2	Lewis, Bronwyn	43	VMST-VA	13:31.73
	46.95	1:37.58	2:28.84	3:21.41
	4:12.66	5:04.54	5:54.78	6:46.26
	7:36.62	8:27.87	9:18.55	10:09.93
	10:59.95	11:51.30	12:42.11	13:31.73

**Women 40-44 50 Meter Back**

1	Clifford-Dicks, Barbar	40	GMUP-PV	35.77
2	Jaeger, Debbie	44	VMST-VA	40.05
3	Lewis, Bronwyn	43	VMST-VA	43.39

**Women 40-44 100 Meter Back**

1	Clifford-Dicks, Barbar	40	GMUP-PV	1:17.94
	37.25	1:17.94		
2	Lewis, Bronwyn	43	VMST-VA	1:34.89
	46.39	1:34.89		

**Women 40-44 200 Meter Back**

1	Clifford-Dicks, Barbar	40	GMUP-PV	2:53.16
	40.42	1:24.73	2:09.70	2:53.16
2	Jaeger, Debbie	44	VMST-VA	3:10.87
	45.26	1:34.04	2:23.32	3:10.87
3	Lewis, Bronwyn	43	VMST-VA	3:16.82
	47.11	1:36.08	2:26.92	3:16.82

**Women 40-44 50 Meter Breast**

1	Dawson, Mandy	44	RMST-PV	42.06
2	Rutkowski, Rae Ann	44	CONN-CT	44.86

**Women 40-44 100 Meter Breast**

1	Dawson, Mandy	44	RMST-PV	1:38.73
	46.89	1:38.73		
2	Elshafei, Donna	42	TERR-PV	1:44.32
	50.15	1:44.32		

**Women 40-44 200 Meter Breast**

1	Dawson, Mandy	44	RMST-PV	3:39.42
	45.13	1:39.43	2:38.77	3:39.42
2	Rutkowski, Rae Ann	44	CONN-CT	3:40.03
	49.17	1:44.65	2:42.92	3:40.03

**Women 40-44 50 Meter Fly**

1	Clifford-Dicks, Barbar	40	GMUP-PV	34.63
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**Women 40-44 200 Meter IM**

1	Jaeger, Debbie	44	VMST-VA	3:11.15
	43.95	1:32.65	2:31.35	3:11.15

**Women 45-49 50 Meter Free**

1	Voorhees, Carolyn	45	TERR-PV	29.47
2	Perfall, Betty	49	DCM-PV	32.51
3	Fries, Beth	48	NEM-NE	32.95

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**Women 45-49 100 Meter Free**

1	Fries, Beth	48	NEM-NE	1:11.94
		34.42	1:11.94	
2	Burke, Barbara	45	PAFC-DV	1:13.01
		34.21	1:13.01	

**Women 45-49 200 Meter Free**

1	Fries, Beth	48	NEM-NE	2:38.97
		36.12	1:15.61	1:57.25
				2:38.97
2	Perfall, Betty	49	DCM-PV	2:46.74
		36.09	1:18.88	2:03.75
				2:46.74
3	Rudie, Linda	45	MARY-MD	2:50.97
		40.14	1:24.02	2:09.28
				2:50.97

**Women 45-49 400 Meter Free**

1	Bates, Penny	45	CMS-CO	5:39.51
		38.69	1:22.32	2:05.82
				2:48.89
				3:31.41
				4:14.66
				4:58.22
				5:39.51
2	Fries, Beth	48	NEM-NE	5:44.91
		38.26	1:21.20	2:04.50
				2:48.69
				3:32.90
				4:18.36
				5:02.20
				5:44.91

**Women 45-49 800 Meter Free**

1	Bates, Penny	45	CMS-CO	11:21.01
		39.21	1:21.48	2:03.79
				2:46.18
				3:28.99
				4:11.60
				4:55.15
				5:37.50
				6:11.39
				7:03.46
				7:41.83
				8:29.84
				9:13.36
				10:28.91
				11:21.01
2	Fries, Beth	48	NEM-NE	11:40.09
		37.78	1:19.87	2:03.60
				2:48.03
				3:33.05
				4:18.54
				5:03.99
				5:48.62
				6:33.23
				7:17.84
				8:02.89
				8:47.19
				9:31.91
				10:16.15
				10:59.68
				11:40.09
3	Perfall, Betty	49	DCM-PV	12:43.40
		39.17	1:23.63	2:11.52
				2:59.35
				3:47.76
				4:36.42
				5:25.54
				6:13.61
				7:03.18
				7:51.84
				8:39.36
				9:30.85
				10:14.60
				11:08.88
				11:52.26
				12:43.40

**Women 45-49 100 Meter Back**

1	Rudie, Linda	45	MARY-MD	1:36.84
		48.55	1:36.84	

**Women 45-49 200 Meter Back**

1	Rudie, Linda	45	MARY-MD	3:21.03
		48.32	1:39.16	2:31.55
				3:21.03

**Women 45-49 50 Meter Breast**

1	Burke, Barbara	45	PAFC-DV	42.08
2	Voorhees, Carolyn	45	TERR-PV	42.27

**Women 45-49 100 Meter Breast**

1	Burke, Barbara	45	PAFC-DV	1:34.46
		44.21	1:34.46	

**Women 45-49 200 Meter Breast**

1	Bates, Penny	45	CMS-CO	3:18.80
		46.83	1:36.74	2:27.75
				3:18.80
2	Burke, Barbara	45	PAFC-DV	3:26.33
		44.69	1:36.63	2:31.71
				3:26.33

**Women 45-49 50 Meter Fly**

1	Burke, Barbara	45	PAFC-DV	35.57
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**Women 45-49 100 Meter Fly**

1	Burke, Barbara	45	PAFC-DV	1:25.07
		38.81	1:25.07	

**Women 45-49 200 Meter Fly**

1	Bates, Penny	45	CMS-CO	3:11.61
		40.65	1:28.48	2:19.93
				3:11.61
2	Rudie, Linda	45	MARY-MD	3:37.35
		45.95	1:41.53	2:39.93
				3:37.35

**Women 45-49 200 Meter IM**

1	Bates, Penny	45	CMS-CO	2:59.56
		38.80	1:27.72	2:19.52
				2:59.56

**Women 45-49 400 Meter IM**

1	Bates, Penny	45	CMS-CO	6:19.37
		40.35	1:26.40	2:17.73
				3:07.82
				4:01.25
				4:55.14
				5:38.02
				6:19.37

**Women 50-54 50 Meter Free**

1	Bennett, Lisa	50	SQST-VA	32.60
2	Wymelenberg, Lynn	51	ANCM-PV	33.53
3	Malone, Carol	52	GSM-NJ	43.27

**Women 50-54 100 Meter Free**

1	Kirwan, Denise	54	DCM-PV	1:14.29
		35.66	1:14.29	
2	Wymelenberg, Lynn	51	ANCM-PV	1:14.57
		35.96	1:14.57	
3	Paterline, Diane	52	GERM-PV	1:32.34
		43.92	1:32.34	
4	Malone, Carol	52	GSM-NJ	1:40.04
		45.80	1:40.04	

**Women 50-54 200 Meter Free**

1	Kirwan, Denise	54	DCM-PV	2:40.53
		36.21	1:17.15	1:59.79
				2:40.53
2	Wymelenberg, Lynn	51	ANCM-PV	2:48.41
		37.25	1:20.62	2:05.94
				2:48.41
3	Malone, Carol	52	GSM-NJ	3:37.42
		44.52	1:41.47	2:41.48
				3:37.42

**Women 50-54 400 Meter Free**

1	Bennett, Lisa	50	SQST-VA	5:29.52
		35.99	1:16.32	1:58.31
				2:40.51
				3:23.54
				4:06.73
				4:49.63
				5:29.52

**Women 50-54 800 Meter Free**

1	Bennett, Lisa	50	SQST-VA	11:36.04
		36.29	1:17.71	2:01.16
				2:45.58
				3:29.72
				4:14.18
				4:58.73
				5:43.23
				6:27.50
				7:12.00
				7:56.71
				8:41.21
				9:25.39
				10:10.00
				10:53.50
				11:36.04
2	Crouse, Jeanne	50	VMST-VA	14:44.04
		50.85	1:45.68	2:41.74
				3:37.49
				4:33.72
				5:29.25
				6:25.50
				7:21.56
				8:18.06
				9:13.80
				10:10.33
				11:06.06
				12:02.74
				12:58.08
				13:53.30
				14:44.04

**Women 50-54 50 Meter Back**

1	Malone, Carol	52	GSM-NJ	49.84
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**Women 50-54 100 Meter Back**

1	Paterline, Diane	52	GERM-PV	1:48.94
		53.80	1:48.94	
2	Malone, Carol	52	GSM-NJ	1:49.85
		51.27	1:49.85	

**Women 50-54 200 Meter Back**

1	Kirwan, Denise	54	DCM-PV	3:01.48
		42.89	1:28.42	2:15.69
				3:01.48
2	Malone, Carol	52	GSM-NJ	3:53.68
		53.13	1:54.05	2:56.09
				3:53.68

**Women 50-54 50 Meter Breast**

1	Bennett, Lisa	50	SQST-VA	39.85
2	Read, Marcia	52	DCM-PV	44.99
3	Wymelenberg, Lynn	51	ANCM-PV	55.55

**Women 50-54 100 Meter Breast**

1	Bennett, Lisa	50	SQST-VA	1:28.95
		41.71	1:28.95	
2	Read, Marcia	52	DCM-PV	1:36.82
		46.12	1:36.82	

**Women 50-54 200 Meter Breast**

1	Bennett, Lisa	50	SQST-VA	3:15.08
		43.81	1:33.06	2:23.88
				3:15.08
2	Read, Marcia	52	DCM-PV	3:32.77
		48.10	1:41.83	2:37.35
				3:32.77

**Women 50-54 50 Meter Fly**

1	Kirwan, Denise	54	DCM-PV	38.88
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**Women 50-54 200 Meter Fly**

1	Cortes, Claudia	51	UNAT-VA	3:05.30
		40.92	1:29.29	2:16.90
				3:05.30

**Women 50-54 200 Meter IM**

1	Bennett, Lisa	50	SQST-VA	3:00.14
		39.60	1:29.02	2:19.05
				3:00.14
2	Cortes, Claudia	51	UNAT-VA	3:01.09
		39.40	1:29.02	2:21.71
				3:01.09
3	Kirwan, Denise	54	DCM-PV	3:02.89
		40.17	1:26.11	2:19.33
				3:02.89

**Women 50-54 400 Meter IM**

1	Cortes, Claudia	51	UNAT-VA	6:22.87
		42.49	1:28.53	2:18.65
				3:08.17
				4:03.61
				4:59.70
				5:40.67
				6:22.87

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**Women 55-59 800 Meter Free**

1 Barry, Marcia	58 VMST-VA	12:12.94
41.18	1:27.08	2:14.00
3:46.75	4:33.51	5:19.88
6:52.38	7:38.56	8:24.85
9:57.09	10:43.10	11:29.15
12:12.94		
2 Cox, Pearl	57 VMST-VA	14:12.42
49.64	1:43.13	2:37.73
4:26.77	5:20.90	6:15.08
8:03.18	8:57.10	9:51.22
11:39.07	12:32.19	13:24.25
14:12.42		

**Women 55-59 50 Meter Back**

1 Lengle, Patricia	57 AAMS-PV	46.23
2 Freeman-Patterson, Su	55 UNAT-NJ	47.13

**Women 55-59 200 Meter Back**

1 Lengle, Patricia	57 AAMS-PV	3:51.64
53.02	1:51.67	2:54.40
3:51.64		
--- Barry, Marcia	58 VMST-VA	DQ
49.97	1:43.14	2:35.63
		DQ

**Women 55-59 50 Meter Fly**

1 Danch, Sharyn	57 AAMS-PV	44.22
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**Women 55-59 200 Meter IM**

1 Barry, Marcia	58 VMST-VA	3:36.62
49.23	1:43.66	2:49.38
3:36.62		

**Women 60-64 50 Meter Free**

1 Bennett, Ruth	60 VMST-VA	38.45
2 Jorgensen, Christine	61 MARY-MD	42.34

**Women 60-64 100 Meter Free**

1 Bennett, Ruth	60 VMST-VA	1:22.23
39.56	1:22.23	

**Women 60-64 200 Meter Free**

1 Bennett, Ruth	60 VMST-VA	3:08.79
43.30	1:31.35	2:20.20
3:08.79		

**Women 60-64 400 Meter Free**

1 Pettijohn, Margot	60 ANCM-PV	6:38.11
47.48	1:37.41	2:28.14
3:18.54		
4:08.26	4:58.09	5:49.08
6:38.11		
2 Bennett, Ruth	60 VMST-VA	6:45.53
45.37	1:36.11	2:28.21
3:20.41		
4:11.04	5:03.78	5:55.25
6:45.53		

**Women 60-64 50 Meter Back**

1 Pettijohn, Margot	60 ANCM-PV	45.53
2 Jorgensen, Christine	61 MARY-MD	47.03

**Women 60-64 100 Meter Back**

1 Pettijohn, Margot	60 ANCM-PV	1:41.08
50.18	1:41.08	

**Women 60-64 50 Meter Breast**

1 Pettijohn, Margot	60 ANCM-PV	43.47
2 Jorgensen, Christine	61 MARY-MD	53.61

**Women 60-64 100 Meter Breast**

1 Pettijohn, Margot	60 ANCM-PV	1:35.35
45.75	1:35.35	

**Women 60-64 200 Meter Breast**

1 Pettijohn, Margot	60 ANCM-PV	3:29.84
48.94	1:41.98	2:35.24
3:29.84		

**Women 65-69 50 Meter Free**

1 Klisch, Karen	65 DCAC-PV	41.40
2 Walker, Laura	69 VMST-VA	41.71

**Women 65-69 100 Meter Free**

1 Walker, Laura	69 VMST-VA	1:36.40
46.35	1:36.40	

**Women 65-69 200 Meter Free**

1 Klisch, Karen	65 DCAC-PV	3:23.73
45.91	1:37.52	2:30.69
3:23.73		

**Women 65-69 50 Meter Back**

1 Durrant, Betsy	65 VMST-VA	48.76
2 Walker, Laura	69 VMST-VA	53.04

**Women 65-69 100 Meter Back**

1 Walker, Laura	69 VMST-VA	1:57.07
58.29	1:57.07	

**Women 65-69 200 Meter Back**

1 Durrant, Betsy	65 VMST-VA	3:54.56
57.04	1:56.84	2:57.91
3:54.56		

**Women 65-69 50 Meter Breast**

1 Walker, Laura	69 VMST-VA	1:00.79
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**Women 70-74 50 Meter Free**

1 Henley, Susan	74 VMST-VA	1:01.50
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**Women 70-74 100 Meter Free**

1 Henley, Susan	74 VMST-VA	2:14.27
1:04.42	2:14.27	

**Women 70-74 200 Meter Free**

1 Henley, Susan	74 VMST-VA	4:44.65
1:07.74	2:20.95	3:35.03
4:44.65		

**Women 70-74 400 Meter Free**

1 Brown, Nancy	70 MARY-MD	6:46.10
47.18	1:38.95	2:32.06
3:24.57		
4:17.09	5:08.85	5:59.28
6:46.10		

**Women 70-74 50 Meter Back**

1 Brown, Nancy	70 MARY-MD	44.58
2 Henley, Susan	74 VMST-VA	1:05.70

**Women 70-74 100 Meter Back**

1 Brown, Nancy	70 MARY-MD	1:36.88
47.55	1:36.88	
2 Henley, Susan	74 VMST-VA	2:24.13
1:08.13	2:24.13	

**Women 70-74 200 Meter Back**

1 Brown, Nancy	70 MARY-MD	3:38.84
50.60	1:47.02	2:44.03
3:38.84		
2 Henley, Susan	74 VMST-VA	5:15.25
1:10.79	2:31.79	3:54.06
5:15.25		

**Women 70-74 50 Meter Breast**

1 Brown, Nancy	70 MARY-MD	57.34
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**Women 70-74 100 Meter Breast**

1 Brown, Nancy	70 MARY-MD	2:09.42
1:02.39	2:09.42	

**Women 70-74 200 Meter Breast**

1 Brown, Nancy	70 MARY-MD	4:25.49
1:00.80	2:09.33	3:17.75
4:25.49		

**Women 75-79 50 Meter Free**

1 Waldbaum, Joan	75 1776-DV	48.77
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**Women 75-79 100 Meter Free**

1 Coleman, Jill	76 MARY-MD	1:53.10
55.79	1:53.10	
2 Waldbaum, Joan	75 1776-DV	1:59.37
56.16	1:59.37	

**Women 75-79 100 Meter Back**

1 Coleman, Jill	76 MARY-MD	1:58.00
58.53	1:58.00	

**Women 75-79 50 Meter Breast**

1 Waldbaum, Joan	75 1776-DV	1:00.28
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**Women 75-79 100 Meter Breast**

1 Waldbaum, Joan	75 1776-DV	2:24.04
1:06.06	2:24.04	

**Women 75-79 200 Meter Breast**

1 Waldbaum, Joan	75 1776-DV	5:09.71
1:11.13	2:27.23	3:49.19
5:09.71		

**Women 75-79 50 Meter Fly**

1 Waldbaum, Joan	75 1776-DV	1:04.63
2 Coleman, Jill	76 MARY-MD	1:04.67

**Women 90-94 50 Meter Free**

1 Walker, Anne	90 DCM-PV	1:14.61
2 Lathram, Mary	91 DCM-PV	1:24.10

**Women 90-94 100 Meter Free**

1 Walker, Anne	90 DCM-PV	2:51.03
1:23.59	2:51.03	
2 Lathram, Mary	91 DCM-PV	3:24.23
1:35.42	3:24.23	

**Women 90-94 200 Meter Free**

1 Walker, Anne	90 DCM-PV	5:38.54
1:22.14	2:48.76	4:14.24
5:38.54		
2 Lathram, Mary	91 DCM-PV	6:59.50
5:21.51	6:59.50	

**Women 90-94 400 Meter Free**

1 Lathram, Mary	91 DCM-PV	13:56.99
1:36.40	3:26.21	5:17.57
7:10.95		
8:52.45	10:37.71	12:19.21
13:56.99		

**Women 90-94 50 Meter Back**

1 Walker, Anne	90 DCM-PV	1:19.05
2 Lathram, Mary	91 DCM-PV	1:26.96

**Women 90-94 100 Meter Back**

1 Walker, Anne	90 DCM-PV	3:05.85
1:29.50	3:05.85	
2 Lathram, Mary	91 DCM-PV	3:13.86
1:31.67	3:13.86	

**Women 90-94 200 Meter Back**

1 Walker, Anne	90 DCM-PV	6:37.65
1:34.70	3:14.61	5:01.06
6:37.65		
2 Lathram, Mary	91 DCM-PV	7:16.56
1:39.59	3:34.31	5:26.38
7:16.56		

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**MEN**

**Men 18-24 50 Meter Free**

1	Choulga, Kirill	24	RMST-PV	26.35
2	Springuel, Francois	24	PAFC-DV	28.43
3	Goodwin III, James	24	RMST-PV	32.88

**Men 18-24 100 Meter Free**

1	Springuel, Francois	24	PAFC-DV	1:05.63
				31.42 1:05.63
2	Goodwin III, James	24	RMST-PV	1:15.25
				35.77 1:15.25

**Men 18-24 200 Meter Free**

1	Springuel, Francois	24	PAFC-DV	2:34.19
				34.47 1:13.84 1:55.45 2:34.19

**Men 18-24 400 Meter Free**

1	Goodwin III, James	24	RMST-PV	6:20.20
				39.95 1:27.73 2:16.62 3:06.23
				3:55.87 4:44.71 5:37.14 6:20.20

**Men 18-24 50 Meter Back**

1	Goodwin III, James	24	RMST-PV	41.13
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**Men 18-24 50 Meter Breast**

1	Goodwin III, James	24	RMST-PV	44.14
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**Men 18-24 50 Meter Fly**

1	Springuel, Francois	24	PAFC-DV	29.96
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**Men 18-24 200 Meter IM**

1	Goodwin III, James	24	RMST-PV	3:18.59
				47.55 1:37.92 2:36.87 3:18.59

**Men 25-29 50 Meter Free**

1	Lengle, Christopher	26	UNAT-PV	25.91
2	Fehring, Peter	28	TERR-PV	27.10
3	Abreu, Guillermo	26	NYCH-MR	29.59
4	Leary, William	28	ADMS-AD	31.05

**Men 25-29 100 Meter Free**

1	Strahota, Jeffrey	26	TERR-PV	1:00.75
				29.26 1:00.75
2	Abreu, Guillermo	26	NYCH-MR	1:07.45
				32.05 1:07.45
3	Leary, William	28	ADMS-AD	1:08.39
				31.89 1:08.39

**Men 25-29 800 Meter Free**

1	Strahota, Jeffrey	26	TERR-PV	10:01.01
				32.59 1:08.27 1:45.49 2:22.34
				2:53.58 3:37.87 4:13.43 4:54.04
				5:32.12 6:10.37 6:48.71 7:26.63
				8:01.33 8:44.26 9:14.10 10:01.01

**Men 25-29 50 Meter Back**

1	Lengle, Christopher	26	UNAT-PV	31.56
2	Strahota, Jeffrey	26	TERR-PV	33.22
3	Abreu, Guillermo	26	NYCH-MR	40.92

**Men 25-29 50 Meter Breast**

1	Fehring, Peter	28	TERR-PV	32.61
2	Lengle, Christopher	26	UNAT-PV	34.64
3	Abreu, Guillermo	26	NYCH-MR	40.12
4	Leary, William	28	ADMS-AD	40.45
5	Strahota, Jeffrey	26	TERR-PV	41.26

**Men 25-29 100 Meter Breast**

1	De Weese, Peter	28	UNAT-PV	1:17.98
				35.55 1:17.98
2	Leary, William	28	ADMS-AD	1:27.52
				41.74 1:27.52

**Men 25-29 200 Meter Breast**

1	Fehring, Peter	28	TERR-PV	2:39.32
				37.13 1:17.76 1:58.35 2:39.32

**Men 25-29 50 Meter Fly**

1	Strahota, Jeffrey	26	TERR-PV	29.95
2	Abreu, Guillermo	26	NYCH-MR	33.44
3	Leary, William	28	ADMS-AD	34.69

**Men 25-29 100 Meter Fly**

1	Strahota, Jeffrey	26	TERR-PV	1:08.57
				31.46 1:08.57

**Men 25-29 200 Meter IM**

1	Strahota, Jeffrey	26	TERR-PV	2:35.04
				32.10 1:13.69 2:01.36 2:35.04
2	Abreu, Guillermo	26	NYCH-MR	3:05.85
				34.54 1:29.78 2:22.77 3:05.85

**Men 30-34 50 Meter Free**

1	Lewis III, Lee	33	VMST-VA	27.71
2	Stock, Tiago	34	RMST-PV	30.10
3	Chun, Yang	32	AAMS-PV	33.70
4	Mc Cready, Matthew	31	ALEX-PV	50.73

**Men 30-34 100 Meter Free**

1	Lewis III, Lee	33	VMST-VA	1:01.85
				29.05 1:01.85
2	Chun, Yang	32	AAMS-PV	1:19.17
				37.29 1:19.17
3	Jarrell, Noble	30	TERR-PV	1:20.76
				39.03 1:20.76

**Men 30-34 200 Meter Free**

1	Lewis III, Lee	33	VMST-VA	2:23.62
				30.96 1:06.28 1:44.63 2:23.62
2	Malone, Thomas	34	NYCH-MR	2:34.38
				35.66 1:15.75 1:56.12 2:34.38

**Men 30-34 50 Meter Back**

1	Lewis III, Lee	33	VMST-VA	34.21
2	Mc Cready, Matthew	31	ALEX-PV	57.90

**Men 30-34 100 Meter Back**

1	Lewis III, Lee	33	VMST-VA	1:15.32
				36.84 1:15.32
2	Malone, Thomas	34	NYCH-MR	1:23.61
				41.04 1:23.61

**Men 30-34 200 Meter Back**

1	Malone, Thomas	34	NYCH-MR	3:02.56
				43.12 1:29.18 2:16.44 3:02.56
2	Mc Cready, Matthew	31	ALEX-PV	4:31.10
				1:03.92 2:14.07 3:23.72 4:31.10

**Men 30-34 50 Meter Breast**

1	Lewis III, Lee	33	VMST-VA	40.61
2	Chun, Yang	32	AAMS-PV	44.34
3	Stock, Tiago	34	RMST-PV	45.32

**Men 30-34 100 Meter Breast**

---	Chun, Yang	32	AAMS-PV	DQ
				47.07 DQ

**Men 30-34 50 Meter Fly**

1	Lewis III, Lee	33	VMST-VA	30.74
2	Malone, Thomas	34	NYCH-MR	33.06

**Men 30-34 200 Meter IM**

1	Malone, Thomas	34	NYCH-MR	2:56.57
				35.56 1:20.69 2:14.84 2:56.57

**Men 35-39 50 Meter Free**

1	Williams, Neill	38	DCAC-PV	25.58
2	Farina, Ron	36	GSM-NJ	26.39
3	Lee, Michael	39	TERR-PV	26.71
4	Friedman, Adam	36	TCYS-MD	28.17
5	Tine, Michael	35	RMST-PV	30.44

**Men 35-39 100 Meter Free**

1	Farina, Ron	36	GSM-NJ	57.43
				27.31 57.43
2	Friedman, Adam	36	TCYS-MD	1:03.18
				30.01 1:03.18

**Men 35-39 200 Meter Free**

1	Farina, Ron	36	GSM-NJ	2:08.65
				29.15 1:00.74 1:34.51 2:08.65
2	Lee, Michael	39	TERR-PV	2:12.26
				30.10 1:04.00 1:38.58 2:12.26
3	Friedman, Adam	36	TCYS-MD	2:22.04
				30.72 1:05.21 1:42.29 2:22.04
4	Sax, William	37	GMUP-PV	2:23.34
				32.54 1:09.54 1:47.20 2:23.34

**Men 35-39 400 Meter Free**

1	Farina, Ron	36	GSM-NJ	4:37.21
				31.26 1:05.44 1:40.08 2:15.43
				2:50.95 3:26.71 4:02.30 4:37.21
2	Sax, William	37	GMUP-PV	5:10.66
				32.96 1:11.09 1:51.09 2:31.81
				3:11.95 3:52.01 4:31.71 5:10.66

**Men 35-39 800 Meter Free**

1	Lee, Michael	39	TERR-PV	10:15.66
				32.09 1:08.99 1:47.06 2:25.58
				3:04.73 3:44.55 4:24.17 5:04.22
				5:43.84 6:23.53 6:56.49 7:42.75
				8:22.51 9:01.44 9:39.50 10:15.66
2	Sax, William	37	GMUP-PV	10:32.39
				33.96 1:12.91 1:52.48 2:32.67
				3:12.98 3:53.65 4:33.97 5:14.62
				5:55.20 6:35.44 7:15.69 7:56.04
				8:35.97 9:15.34 9:54.02 10:32.39

**Men 35-39 50 Meter Back**

1	Roddin, Jeffrey	37	ANCM-PV	29.65
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**Men 35-39 100 Meter Back**

1	Williams, Neill	38	DCAC-PV	1:08.10
				32.78 1:08.10

**Men 35-39 200 Meter Back**

1	Roddin, Jeffrey	37	ANCM-PV	2:28.88
				34.14 1:12.21 1:51.06 2:28.88

**Men 35-39 50 Meter Breast**

1	Williams, Neill	38	DCAC-PV	32.37
2	Farina, Ron	36	GSM-NJ	36.85
3	Tine, Michael	35	RMST-PV	39.63

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**Men 35-39 100 Meter Breast**

1	Williams, Neill	38	DCAC-PV	1:12.27
		34.17		1:12.27
2	Sax, William	37	GMUP-PV	1:34.90
		44.65		1:34.90

**Men 35-39 200 Meter Breast**

1	Williams, Neill	38	DCAC-PV	2:41.39
		36.88	1:16.74	1:58.96
				2:41.39
2	Tine, Michael	35	RMST-PV	3:10.26
		43.24	1:31.07	2:20.73
				3:10.26
3	Sax, William	37	GMUP-PV	3:20.20
		44.54	1:35.53	2:28.01
				3:20.20

**Men 35-39 50 Meter Fly**

1	Williams, Neill	38	DCAC-PV	26.95
2	Roddin, Jeffrey	37	ANCM-PV	27.22
3	Sax, William	37	GMUP-PV	32.82

**Men 35-39 100 Meter Fly**

1	Roddin, Jeffrey	37	ANCM-PV	1:00.43
		28.68	1:00.43	
2	Lee, Michael	39	TERR-PV	1:06.70
		29.87	1:06.70	
3	Sax, William	37	GMUP-PV	1:12.85
		33.18	1:12.85	

**Men 35-39 200 Meter Fly**

1	Sax, William	37	GMUP-PV	2:46.73
		35.00	1:16.86	2:01.28
				2:46.73

**Men 35-39 200 Meter IM**

1	Roddin, Jeffrey	37	ANCM-PV	2:25.04
		29.17	1:08.03	1:51.40
				2:25.04

**Men 40-44 50 Meter Free**

1	Mc Donald, Emeric	44	MVM-PC	26.45
2	Mayall, Randy	40	NIAG-NI	26.88
3	Wunderlich, Karl	41	GERM-PV	27.15
4	Miller, Mike	42	JWM-DV	28.89
5	Mc Lain, David	42	GMUP-PV	30.06
6	Carrasco, Juan	42	FLAQ-FG	31.42
7	Gillespie, Thomas	44	NYCH-MR	32.04

**Men 40-44 100 Meter Free**

1	Mayall, Randy	40	NIAG-NI	57.87
		28.21	57.87	
2	Mc Donald, Emeric	44	MVM-PC	58.43
		28.24	58.43	
3	Wunderlich, Karl	41	GERM-PV	1:01.11
		29.28	1:01.11	
4	Miller, Mike	42	JWM-DV	1:04.37
		30.76	1:04.37	
5	Oliphant, Mark	44	TCYS-MD	1:07.20
		30.44	1:07.20	
6	Mc Lain, David	42	GMUP-PV	1:07.26
		31.47	1:07.26	
7	Evans, Brian	42	RMST-PV	1:08.26
		32.45	1:08.26	
8	Rowedder, Anthony	43	UNAT-MD	1:12.80
		33.68	1:12.80	
9	Carrasco, Juan	42	FLAQ-FG	1:12.87
		33.83	1:12.87	
10	Gillespie, Thomas	44	NYCH-MR	1:13.07
		35.82	1:13.07	
11	Landon, Paul	43	MACM-M	1:13.22
		32.91	1:13.22	

**Men 40-44 200 Meter Free**

1	Mayall, Randy	40	NIAG-NI	2:13.41
		30.40	1:04.62	1:39.81
				2:13.41
2	Miller, Mike	42	JWM-DV	2:21.86
		31.39	1:07.61	1:45.34
				2:21.86
3	Gillespie, Thomas	44	NYCH-MR	2:40.52
		37.29	1:17.89	1:59.47
				2:40.52
---	Carrasco, Juan	42	FLAQ-FG	DQ
				37.29

**Men 40-44 400 Meter Free**

1	Elshafei, Emad	40	TERR-PV	4:47.25
		32.11	1:07.19	1:42.81
				2:19.57
		2:56.57	3:34.19	4:11.52
				4:47.25
2	Mayall, Randy	40	NIAG-NI	5:02.14
		33.31	1:10.96	1:49.22
				2:27.50
		3:05.95	3:44.73	4:24.05
				5:02.14
3	Kress, Jay	43	FXCM-PV	5:09.89
		34.88	1:13.52	1:54.17
				2:34.23
		3:14.56	3:54.08	4:33.40
				5:09.89
4	Gillespie, Thomas	44	NYCH-MR	5:53.44
		40.11	1:23.82	2:08.72
				2:54.16
		3:39.65	4:25.58	5:10.59
				5:53.44

**Men 40-44 800 Meter Free**

1	Evans, Brian	42	RMST-PV	11:38.23
		36.78	1:19.61	1:57.42
				2:48.91
		3:25.32	4:18.63	5:02.67
				5:46.69
		6:31.26	7:15.75	7:59.57
				8:46.59
		9:23.46	10:13.71	10:57.86
				11:38.23
2	Gillespie, Thomas	44	NYCH-MR	12:09.86
		40.87	1:24.91	2:10.51
				2:55.96
		3:42.07	4:28.37	5:10.36
				6:01.32
		6:38.33	7:34.09	8:21.05
				9:07.08
		11:25.91	12:09.86	

**Men 40-44 50 Meter Back**

1	Mayall, Randy	40	NIAG-NI	34.16
2	Mc Donald, Emeric	44	MVM-PC	34.31
3	Wunderlich, Karl	41	GERM-PV	34.89

**Men 40-44 100 Meter Back**

1	Miller, Mike	42	JWM-DV	1:17.65
		37.44	1:17.65	
2	Wunderlich, Karl	41	GERM-PV	1:21.69
		39.66	1:21.69	

**Men 40-44 50 Meter Breast**

1	Dicks, Wally	43	ANCM-PV	30.92
2	Mayall, Randy	40	NIAG-NI	33.70
3	Wunderlich, Karl	41	GERM-PV	37.91
4	Mc Lain, David	42	GMUP-PV	40.48

**Men 40-44 100 Meter Breast**

1	Dicks, Wally	43	ANCM-PV	1:08.40
		31.98	1:08.40	
2	Mayall, Randy	40	NIAG-NI	1:19.24
		37.05	1:19.24	
3	Wunderlich, Karl	41	GERM-PV	1:27.60
		41.83	1:27.60	
4	Landon, Paul	43	MACM-M	1:34.86
		43.96	1:34.86	

**Men 40-44 200 Meter Breast**

1	Mayall, Randy	40	NIAG-NI	3:05.53
		41.31	1:29.16	2:17.45
				3:05.53

**Men 40-44 50 Meter Fly**

1	Mc Donald, Emeric	44	MVM-PC	28.38
2	Miller, Mike	42	JWM-DV	30.17
3	Mayall, Randy	40	NIAG-NI	31.25
4	Mc Lain, David	42	GMUP-PV	32.75
5	Oliphant, Mark	44	TCYS-MD	33.00
6	Evans, Brian	42	RMST-PV	35.53

**Men 40-44 100 Meter Fly**

1	Miller, Mike	42	JWM-DV	1:11.36
		31.92	1:11.36	

**Men 40-44 200 Meter IM**

1	Mayall, Randy	40	NIAG-NI	2:36.89
		33.22	1:14.89	2:00.53
				2:36.89
2	Evans, Brian	42	RMST-PV	3:00.11
		38.45	1:27.18	2:20.57
				3:00.11

**Men 40-44 400 Meter IM**

1	Kress, Jay	43	FXCM-PV	5:56.55
		34.92	1:16.69	2:08.03
				2:59.28
		3:48.39	4:38.98	5:18.73
				5:56.55

**Men 45-49 50 Meter Free**

1	Klein, Jonathan	49	NCMS-NC	26.70
2	Laiti, Chris	46	UNAT-VA	27.45
3	Reynolds, Curt	46	TERR-PV	28.39
4	Laiti, Aaron	49	UNAT-VA	29.70
5	Goins, Todd	45	VMST-VA	30.85
6	Payne, Stephen	45	TERR-PV	33.36
7	Weidner, Robert	49	GMUP-PV	35.27
8	Taber, Mike	49	ADMS-AD	35.39

**Men 45-49 100 Meter Free**

1	Klein, Jonathan	49	NCMS-NC	59.04
			28.08	59.04
2	Battle, Glenn	45	CUBU-PV	59.51
			28.88	59.51
3	Hollett, Peter	46	NCMS-NC	59.61
			28.89	59.61
4	Laiti, Chris	46	UNAT-VA	1:02.59
			29.74	1:02.59
5	Laiti, Aaron	49	UNAT-VA	1:07.51
			32.53	1:07.51
6	Goins, Todd	45	VMST-VA	1:11.76
			33.76	1:11.76
7	Payne, Stephen	45	TERR-PV	1:17.90
			37.04	1:17.90
8	Taber, Mike	49	ADMS-AD	1:20.18
			36.88	1:20.18
9	Walsh, Tom	47	MARY-MD	1:32.51
			41.18	1:32.51

**Men 45-49 200 Meter Free**

1	Hollett, Peter	46	NCMS-NC	2:10.86
		29.85	1:02.03	1:35.63
				2:10.86
2	Klein, Jonathan	49	NCMS-NC	2:11.53
		29.34	1:02.28	1:37.57
				2:11.53
3	Battle, Glenn	45	CUBU-PV	2:13.10
		30.63	1:04.39	1:38.95
				2:13.10
4	Payne, Stephen	45	TERR-PV	2:51.15
		39.53	1:24.24	2:09.95
				2:51.15
5	Taber, Mike	49	ADMS-AD	3:00.75
		38.39	1:25.26	3:00.75

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**Men 45-49 400 Meter Free**

1	Hollett, Peter	46	NCMS-NC	4:38.16
	32.45	1:07.17	1:42.36	2:17.69
	2:53.61	3:29.11	4:04.75	4:38.16
2	Larsen, Ron	47	UNAT-VA	5:32.33
	39.33	1:20.47	2:02.56	2:44.51
	3:26.48	4:08.54	4:51.35	5:32.33
3	Siskind, David	47	ANCM-PV	5:58.27
	40.57	1:24.81	2:11.27	2:57.92
	3:43.73	4:30.25	5:15.80	5:58.27
4	Payne, Stephen	45	TERR-PV	6:13.80
	41.31	1:27.98	2:16.73	3:05.39
	3:54.37	4:42.77	5:30.52	6:13.80

**Men 45-49 800 Meter Free**

1	Hollett, Peter	46	NCMS-NC	9:45.49
	33.69	1:09.49	1:46.06	2:22.80
	3:00.02	3:37.03	4:14.30	4:51.07
	5:28.38	6:05.25	6:42.09	7:19.03
	7:56.29	8:33.01	9:09.65	9:45.49
2	Payne, Stephen	45	TERR-PV	12:40.67
	42.44	1:29.60	2:18.18	3:06.60
	3:54.86	4:42.63	5:30.81	6:19.32
	7:07.12	7:55.48	8:43.75	9:32.06
	10:20.04	11:08.40	11:48.38	12:40.67

**Men 45-49 50 Meter Back**

1	Britt, Clay	45	ANCM-PV	29.09
2	Klein, Jonathan	49	NCMS-NC	30.67
3	Battle, Glenn	45	CUBU-PV	31.53
4	Reynolds, Curt	46	TERR-PV	32.95
5	Jones, Steven	48	MARY-MD	39.91
6	Weidner, Robert	49	GMUP-PV	44.64

**Men 45-49 100 Meter Back**

1	Britt, Clay	45	ANCM-PV	1:02.07
	29.42	1:02.07		
2	Klein, Jonathan	49	NCMS-NC	1:06.05
	31.98	1:06.05		
3	Battle, Glenn	45	CUBU-PV	1:07.01
	32.89	1:07.01		
4	Jones, Steven	48	MARY-MD	1:23.48
	41.81	1:23.48		
5	Walsh, Tom	47	MARY-MD	1:59.89
	56.01	1:59.89		

**Men 45-49 200 Meter Back**

1	Battle, Glenn	45	CUBU-PV	2:26.01
	34.37	1:11.15	1:49.03	2:26.01
2	Klein, Jonathan	49	NCMS-NC	2:28.33
	34.29	1:12.05	1:51.73	2:28.33
3	Weidner, Robert	49	GMUP-PV	3:40.95
	50.12	1:45.37	2:44.40	3:40.95

**Men 45-49 50 Meter Breast**

1	Guthrie, David	46	MOST-ST	31.53
2	Reynolds, Curt	46	TERR-PV	37.87
3	Yungk, Kevin	48	LAMS-VA	40.01
4	Taber, Mike	49	ADMS-AD	45.21

**Men 45-49 100 Meter Breast**

1	Guthrie, David	46	MOST-ST	1:10.40
	33.63	1:10.40		
2	Jones, Steven	48	MARY-MD	1:29.61
	41.64	1:29.61		
3	Walsh, Tom	47	MARY-MD	1:53.53
	51.86	1:53.53		

**Men 45-49 200 Meter Breast**

1	Guthrie, David	46	MOST-ST	2:34.17
	34.49	1:12.72	1:52.34	2:34.17
2	Larsen, Ron	47	UNAT-VA	2:59.63
	40.65	1:26.22	2:12.49	2:59.63
3	Jones, Steven	48	MARY-MD	3:12.83
	41.80	1:31.73	2:21.71	3:12.83

**Men 45-49 50 Meter Fly**

1	Klein, Jonathan	49	NCMS-NC	28.25
2	Reynolds, Curt	46	TERR-PV	30.01
3	Jones, Steven	48	MARY-MD	33.55
4	Taber, Mike	49	ADMS-AD	35.09
5	Walsh, Tom	47	MARY-MD	47.94

**Men 45-49 100 Meter Fly**

1	Hollett, Peter	46	NCMS-NC	1:08.57
	32.29	1:08.57		
2	Jones, Steven	48	MARY-MD	1:25.62
	39.58	1:25.62		

**Men 45-49 200 Meter IM**

1	Guthrie, David	46	MOST-ST	2:38.45
	31.13	1:14.73	2:00.00	2:38.45
2	Jones, Steven	48	MARY-MD	2:50.51
	35.43	1:21.55	2:10.85	2:50.51
3	Larsen, Ron	47	UNAT-VA	2:56.72
	38.83	1:28.59	2:16.04	2:56.72
4	Taber, Mike	49	ADMS-AD	3:20.60
	42.06	1:38.84	2:36.19	3:20.60
5	Walsh, Tom	47	MARY-MD	4:00.71
	56.61	2:03.81	3:08.30	4:00.71

**Men 45-49 400 Meter IM**

1	Jones, Steven	48	MARY-MD	6:29.64
	39.96	1:27.40	2:20.21	3:12.39
	4:04.15	4:58.82	5:44.53	6:29.64

**Men 50-54 50 Meter Free**

1	Schmitz, Robert	54	NCMS-NC	28.18
2	Guthrie, Bruce	50	UNAT-VA	30.80
3	Nakazawa, Muraji	50	RMST-PV	32.03

**Men 50-54 100 Meter Free**

1	Schmitz, Robert	54	NCMS-NC	1:03.62
	29.25	1:03.62		
2	Guthrie, Bruce	50	UNAT-VA	1:08.75
	33.56	1:08.75		
3	Edgell, Don	54	CUBU-PV	1:12.15
	34.77	1:12.15		
4	Walters, Mark	54	GERM-PV	1:16.21
	36.93	1:16.21		
5	Nakazawa, Muraji	50	RMST-PV	1:25.85
	38.03	1:25.85		

**Men 50-54 200 Meter Free**

1	Weinberg, Norman	52	AMSC-PV	2:34.09
	35.60	1:14.87	1:55.44	2:34.09

**Men 50-54 400 Meter Free**

1	Edgell, Don	54	CUBU-PV	5:48.66
	39.46	1:23.12	2:07.76	2:52.59
	3:37.17	4:21.72	5:05.86	5:48.66
2	Walters, Mark	54	GERM-PV	6:19.74
	40.54	1:25.92	2:12.88	3:00.61
	3:50.05	4:40.40	5:30.67	6:19.74
3	Swiger II, Ralph	50	VMST-VA	6:20.93
	42.30	1:30.84	2:20.83	3:10.11
	3:59.22	4:48.26	5:35.90	6:20.93

**Men 50-54 800 Meter Free**

1	Weinberg, Norman	52	AMSC-PV	11:24.38
	38.35	1:20.56	2:03.08	2:46.71
	3:29.95	4:13.33	4:56.56	5:41.01
	6:24.84	7:08.62	7:52.41	8:36.15
	9:19.31	10:02.36	10:40.97	11:24.38
2	Feinstein, John	51	ANCM-PV	11:39.80
	39.09	1:21.12	2:03.74	2:47.50
	3:31.43	4:16.32	5:00.90	5:46.61
	6:31.57	7:16.98	8:01.74	8:46.90
	9:31.79	10:16.40	11:00.12	11:39.80
3	Swiger II, Ralph	50	VMST-VA	13:05.18
	42.63	1:31.03	2:19.79	3:09.63
	3:59.35	4:49.84	5:39.51	6:30.06
	7:19.51	8:09.82	8:59.52	9:49.30
	10:39.32	11:29.47	12:18.26	13:05.18

**Men 50-54 50 Meter Back**

1	Schmitz, Robert	54	NCMS-NC	34.85
2	Feinstein, John	51	ANCM-PV	35.93

**Men 50-54 100 Meter Back**

1	Feinstein, John	51	ANCM-PV	1:24.57
	41.26	1:24.57		
2	Swiger II, Ralph	50	VMST-VA	1:43.75
	50.04	1:43.75		

**Men 50-54 200 Meter Back**

1	Weinberg, Norman	52	AMSC-PV	2:54.26
	41.13	1:24.43	2:09.95	2:54.26
2	Swiger II, Ralph	50	VMST-VA	3:36.74
	52.35	1:48.67	2:44.68	3:36.74

**Men 50-54 50 Meter Breast**

1	Schmitz, Robert	54	NCMS-NC	35.70
2	Novitske, Ray	51	ALEX-PV	42.11
3	Nakazawa, Muraji	50	RMST-PV	43.18

**Men 50-54 100 Meter Breast**

1	Schmitz, Robert	54	NCMS-NC	1:21.68
	37.91	1:21.68		
2	Novitske, Ray	51	ALEX-PV	1:32.81
	44.24	1:32.81		
3	Walters, Mark	54	GERM-PV	1:36.85
	46.13	1:36.85		
4	Nakazawa, Muraji	50	RMST-PV	1:41.98
	48.27	1:41.98		

**Men 50-54 200 Meter Breast**

1	Novitske, Ray	51	ALEX-PV	3:29.08
	46.40	1:38.16	2:32.82	3:29.08
2	Swiger II, Ralph	50	VMST-VA	3:52.05
	52.55	1:50.39	2:51.59	3:52.05

**Men 50-54 50 Meter Fly**

1	Feinstein, John	51	ANCM-PV	30.34
2	Schmitz, Robert	54	NCMS-NC	32.10
3	Guthrie, Bruce	50	UNAT-VA	34.68
4	Novitske, Ray	51	ALEX-PV	40.39

**Men 50-54 100 Meter Fly**

1	Feinstein, John	51	ANCM-PV	1:10.73
	32.32	1:10.73		
2	Swiger II, Ralph	50	VMST-VA	1:41.74
	45.96	1:41.74		

**Men 50-54 200 Meter Fly**

1	Swiger II, Ralph	50	VMST-VA	3:54.03
	50.75	1:52.22	2:54.70	3:54.03

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**Men 50-54 200 Meter IM**

1 Swiger II, Ralph	50	VMST-VA	3:25.36
	47.52	2:41.37	3:25.36

**Men 50-54 400 Meter IM**

1 Wasserman, Neil	51	SWOM-OH	5:33.91
	33.04	1:11.56	1:57.54
		4:20.36	5:33.91
		4:58.75	5:33.91
2 Swiger II, Ralph	50	VMST-VA	7:22.13
	48.98	1:44.28	2:44.26
	4:45.15	5:47.09	6:35.69
			7:22.13

**Men 55-59 50 Meter Free**

1 Jones, Robert	55	1776-DV	29.78
2 Sullivan, Timothy	58	GMUP-PV	31.89
3 Lengle, James	57	AAMS-PV	35.42
4 Paulson, Laurence	57	RMST-PV	35.88
5 Goldberg, David	58	JAM-NJ	37.05

**Men 55-59 100 Meter Free**

1 Trevisan, Paul	55	1776-DV	58.21
	27.16	58.21	
2 Sullivan, Timothy	58	GMUP-PV	1:13.64
	35.74	1:13.64	
3 Goldberg, David	58	JAM-NJ	1:25.17
4 Paulson, Laurence	57	RMST-PV	1:32.77
	44.83	1:32.77	

**Men 55-59 200 Meter Free**

1 Platt, Jay	59	PAFC-DV	2:34.68
	36.90	1:16.84	1:57.06
		2:44.26	2:34.68
2 Paulson, Laurence	57	RMST-PV	3:13.26
	43.83	1:33.62	2:25.42
		3:13.26	3:13.26
3 Goldberg, David	58	JAM-NJ	3:14.17
	45.53	1:32.39	2:25.22
			3:14.17
4 Lengle, James	57	AAMS-PV	3:23.47
	43.18	1:32.66	2:28.53
			3:23.47

**Men 55-59 400 Meter Free**

1 Platt, Jay	59	PAFC-DV	5:28.23
	37.52	1:19.04	2:01.52
		4:08.45	4:49.34
			5:28.23
2 Paulson, Laurence	57	RMST-PV	7:04.97
	47.52	1:40.21	2:34.80
			3:29.53
		4:24.30	5:19.92
			6:13.83
			7:04.97

**Men 55-59 800 Meter Free**

1 Platt, Jay	59	PAFC-DV	11:37.69
	38.99	1:22.19	2:06.48
		4:20.30	5:04.36
		7:17.03	8:01.05
		9:28.81	10:12.66
			10:55.73
			11:37.69
2 Paulson, Laurence	57	RMST-PV	14:42.67
	47.67	1:41.13	2:32.05
		4:29.68	5:26.30
		6:23.40	7:20.70
		8:18.02	9:14.25
			10:10.76
		11:58.90	12:58.44
			13:51.96
			14:42.67

**Men 55-59 50 Meter Back**

1 Jones, Robert	55	1776-DV	36.71
2 Platt, Jay	59	PAFC-DV	39.74
3 Sullivan, Timothy	58	GMUP-PV	41.22
4 Lengle, James	57	AAMS-PV	55.91

**Men 55-59 100 Meter Back**

1 Platt, Jay	59	PAFC-DV	1:26.71
	42.52	1:26.71	
2 Paulson, Laurence	57	RMST-PV	1:49.95
	54.76	1:49.95	

**Men 55-59 200 Meter Back**

1 Platt, Jay	59	PAFC-DV	3:13.68
	45.24	1:34.80	2:25.87
			3:13.68
2 Paulson, Laurence	57	RMST-PV	3:43.31
	53.50	1:50.00	2:48.02
			3:43.31

**Men 55-59 50 Meter Breast**

1 Lengle, James	57	AAMS-PV	39.80
2 Jones, Robert	55	1776-DV	40.02
3 Goldberg, David	58	JAM-NJ	43.62

**Men 55-59 100 Meter Breast**

1 Goldberg, David	58	JAM-NJ	1:41.21
	51.52	1:41.21	

**Men 55-59 50 Meter Fly**

1 Sullivan, Timothy	58	GMUP-PV	35.44
2 Paulson, Laurence	57	RMST-PV	38.26

**Men 55-59 100 Meter Fly**

1 Paulson, Laurence	57	RMST-PV	1:32.80
	41.07	1:32.80	

**Men 55-59 200 Meter Fly**

1 Platt, Jay	59	PAFC-DV	3:40.85
	40.38	1:37.31	2:39.49
			3:40.85
2 Paulson, Laurence	57	RMST-PV	3:46.25
	51.32	1:51.25	2:52.95
			3:46.25

**Men 55-59 400 Meter IM**

1 Platt, Jay	59	PAFC-DV	6:56.29
	44.34	1:43.76	2:40.09
			3:33.44
		4:36.11	5:36.21
			6:17.36
			6:56.29

**Men 60-64 50 Meter Free**

1 Dragon, Jim	62	GSM-NJ	28.12
2 Alexander, Richard	62	GSM-NJ	30.13
3 Robinson, David	63	GERM-PV	35.21
4 Uveges, Roderick	61	FXCM-PV	35.89

**Men 60-64 100 Meter Free**

1 Reed Jr, Edward	63	GERM-PV	1:10.85
	35.59	1:10.85	
2 Timmons, Timothy	60	GMUP-PV	1:13.55
	35.32	1:13.55	
3 Husson, Bob	61	NCMS-NC	1:14.91
	36.40	1:14.91	
4 Sullivan, Daniel	60	UNAT-VA	1:16.49
	37.67	1:16.49	

**Men 60-64 200 Meter Free**

1 Reed Jr, Edward	63	GERM-PV	2:50.98
	39.94	1:24.34	2:09.23
			2:50.98

**Men 60-64 400 Meter Free**

1 Timmons, Timothy	60	GMUP-PV	5:53.73
	38.29	1:22.67	2:08.83
		4:27.28	5:12.96
			5:53.73
2 Husson, Bob	61	NCMS-NC	6:14.04
	43.36	1:31.58	2:20.77
		3:55.93	4:42.44
			5:28.99
			6:14.04

**Men 60-64 800 Meter Free**

1 Timmons, Timothy	60	GMUP-PV	12:22.82
	38.45	1:23.94	2:10.33
		3:45.05	4:33.36
			5:21.20
		6:56.38	7:44.35
			8:32.07
		10:07.39	10:54.70
			11:40.77
			12:22.82

**Men 60-64 50 Meter Back**

1 Alexander, Richard	62	GSM-NJ	34.15
2 Dragon, Jim	62	GSM-NJ	36.44
3 Timmons, Timothy	60	GMUP-PV	37.80
4 Robinson, David	63	GERM-PV	46.14
5 Michel, Peter	63	VMST-VA	49.56
6 Uveges, Roderick	61	FXCM-PV	49.75

**Men 60-64 100 Meter Back**

1 Timmons, Timothy	60	GMUP-PV	1:25.17
	41.22	1:25.17	

**Men 60-64 200 Meter Back**

1 Timmons, Timothy	60	GMUP-PV	3:07.06
	42.54	1:30.49	2:19.98
			3:07.06
2 Reed Jr, Edward	63	GERM-PV	3:12.64
	2:26.50	3:12.64	

**Men 60-64 50 Meter Breast**

1 Dragon, Jim	62	GSM-NJ	36.28
2 Uveges, Roderick	61	FXCM-PV	59.12

**Men 60-64 100 Meter Breast**

1 Dragon, Jim	62	GSM-NJ	1:25.52
	38.75	1:25.52	
2 Husson, Bob	61	NCMS-NC	1:31.81
	45.86	1:31.81	

**Men 60-64 200 Meter Breast**

1 Reed Jr, Edward	63	GERM-PV	3:30.21
	50.20	1:45.25	2:41.04
			3:30.21

**Men 60-64 50 Meter Fly**

1 Dragon, Jim	62	GSM-NJ	28.97
2 Alexander, Richard	62	GSM-NJ	31.28
3 Reed Jr, Edward	63	GERM-PV	35.48
4 Robinson, David	63	GERM-PV	39.73
5 Uveges, Roderick	61	FXCM-PV	58.81

**Men 60-64 200 Meter Fly**

1 Robinson, David	63	GERM-PV	4:08.17
	58.49	2:03.29	3:06.17
			4:08.17

**Men 60-64 200 Meter IM**

1 Reed Jr, Edward	63	GERM-PV	3:16.12
	48.52	1:39.81	2:36.99
			3:16.12

**Men 60-64 400 Meter IM**

1 Robinson, David	63	GERM-PV	8:05.65
	54.99	1:55.30	4:02.46
		5:14.31	6:27.35
			7:18.49
			8:05.65

**Men 65-69 50 Meter Free**

1 Bettis Sr, Lee	68	DCM-PV	34.89
2 Wolfe, Dallas	67	RIPM-PV	44.89

**Men 65-69 100 Meter Free**

1 Bettis Sr, Lee	68	DCM-PV	1:18.79
	36.99	1:18.79	
2 Wall, Kenneth	65	GERM-PV	1:23.32
	36.52	1:23.32	

**Men 65-69 200 Meter Free**

1 Wall, Kenneth	65	GERM-PV	3:06.03
	38.28	1:23.01	2:13.81
			3:06.03
2 Wolfe, Dallas	67	RIPM-PV	3:52.88
	48.07	1:49.38	2:52.44
			3:52.88

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**Men 65-69 50 Meter Back**

1 Bettis Sr, Lee	68	DCM-PV	39.59
2 Durham, Richard	65	GERM-PV	59.30

**Men 65-69 100 Meter Back**

1 Bettis Sr, Lee	68	DCM-PV	1:27.78
	42.73	1:27.78	

**Men 65-69 200 Meter Back**

1 Wall, Kenneth	65	GERM-PV	3:37.47
	49.06	1:44.08	2:44.74
			3:37.47

**Men 65-69 50 Meter Breast**

1 Bettis Sr, Lee	68	DCM-PV	50.36
2 Durham, Richard	65	GERM-PV	50.62
3 Wolfe, Dallas	67	RIPM-PV	51.89

**Men 65-69 200 Meter IM**

1 Wall, Kenneth	65	GERM-PV	3:42.92
	53.41	1:50.75	2:56.76
			3:42.92

**Men 70-74 50 Meter Free**

1 Maher, Owen	71	VMST-VA	37.48
2 Gerson, Gordon	70	RMST-PV	50.24

**Men 70-74 200 Meter Free**

1 Maher, Owen	71	VMST-VA	3:19.98
	42.58	1:32.54	2:27.13
			3:19.98
2 Gerson, Gordon	70	RMST-PV	4:21.72
	1:02.15	2:10.73	3:17.82
			4:21.72

**Men 70-74 400 Meter Free**

1 Gerson, Gordon	70	RMST-PV	8:51.70
	1:00.89	2:10.76	3:20.51
	5:35.67	6:43.13	7:48.98
			8:51.70

**Men 70-74 800 Meter Free**

1 Gerson, Gordon	70	RMST-PV	17:23.98
	1:01.28	2:09.15	3:15.92
	5:29.24	6:35.57	7:41.09
	9:52.77	11:00.10	12:03.17
	14:12.75	15:18.18	16:22.00
			17:23.98

**Men 70-74 50 Meter Back**

1 Sween, Niel	71	VMST-VA	44.21
2 Wilmore, Chuck	72	VMST-VA	50.43

**Men 70-74 100 Meter Back**

1 Sween, Niel	71	VMST-VA	1:42.31
	46.94	1:42.31	
2 Wilmore, Chuck	72	VMST-VA	1:48.88
	53.82	1:48.88	

**Men 70-74 200 Meter Back**

1 Wilmore, Chuck	72	VMST-VA	3:49.01
	54.97	1:52.59	2:52.19
			3:49.01

**Men 70-74 50 Meter Breast**

1 Lyons Jr, Thomas	73	VMST-VA	53.41
2 Wilmore, Chuck	72	VMST-VA	54.90
3 Maher, Owen	71	VMST-VA	1:01.64

**Men 70-74 100 Meter Breast**

1 Wilmore, Chuck	72	VMST-VA	2:06.55
	59.27	2:06.55	
2 Lyons Jr, Thomas	73	VMST-VA	2:10.42
	1:01.47	2:10.42	

**Men 70-74 50 Meter Fly**

1 Lyons Jr, Thomas	73	VMST-VA	54.31
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**Men 70-74 100 Meter Fly**

1 Maher, Owen	71	VMST-VA	2:07.46
	1:00.09	2:07.46	
2 Lyons Jr, Thomas	73	VMST-VA	2:18.27
	1:03.13	2:18.27	

**Men 75-79 50 Meter Free**

1 Demas, Nickolas	76	GSM-NJ	35.69
2 Quinn, Patrick	75	ADMS-AD	47.66

**Men 75-79 100 Meter Free**

1 Demas, Nickolas	76	GSM-NJ	1:25.68
	37.90	1:25.68	
2 Manheim, Frank	76	RMST-PV	1:30.17
	42.41	1:30.17	
3 Siskind, Isaac	78	GSM-NJ	1:52.03
	50.90	1:52.03	

**Men 75-79 400 Meter Free**

1 Quinn, Patrick	75	ADMS-AD	8:36.00
	55.13	2:01.27	3:08.89
	5:22.29	6:28.80	7:33.60
			8:36.00

**Men 75-79 50 Meter Back**

1 Manheim, Frank	76	RMST-PV	42.50
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**Men 75-79 200 Meter Back**

1 Manheim, Frank	76	RMST-PV	3:53.12
	51.30	1:51.59	3:53.12

**Men 75-79 50 Meter Breast**

1 Quinn, Patrick	75	ADMS-AD	57.28
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**Men 75-79 50 Meter Fly**

1 Siskind, Isaac	78	GSM-NJ	55.39
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**Men 75-79 200 Meter IM**

1 Manheim, Frank	76	RMST-PV	4:00.45
	58.49	1:58.50	3:09.39
			4:00.45
2 Siskind, Isaac	78	GSM-NJ	4:32.08
	1:01.78	2:18.00	3:28.09
			4:32.08

**Women 100-119 200 Meter Medley Relay**

1 TERR-PV	A	2:28.69
Grover, Mollie W25	Elshafei, Donna W42	
Busch, Courtney W25	Stakem, Meredith W25	
	36.69	47.06
		1:04.94

**Women 120-159 200 Meter Free Relay**

1 TERR-PV	A	2:02.69
Voorhees, Carolyn W45	Busch, Courtney W25	
Stakem, Meredith W25	Grover, Mollie W25	
	30.23	32.30
		29.51
		30.65

**Women 160-199 200 Meter Free Relay**

1 VMST-VA	A	2:28.78
Hokenson, Christina W3	Lewis, Bronwyn W43	
Jaeger, Debbie W44	Cox, Pearl W57	
	34.34	40.56
		32.86
		41.02

**Women 200-239 400 Meter Free Relay**

1 VMST-VA	A	6:15.04
Walker, Laura W69	Durrant, Betsy W65	
Lewis, Bronwyn W43	Jaeger, Debbie W44	
	46.01	1:36.75
	45.22	2:58.35
		47.50
		1:39.94

**Women 200-239 200 Meter Medley Relay**

1 VMST-VA	A	2:59.79
Lewis, Bronwyn W43	Durrant, Betsy W65	
Hokenson, Christina W3	Cox, Pearl W57	
	45.73	53.20
		37.60
		43.26

**Women 240-279 200 Meter Free Relay**

1 VMST-VA	B	3:08.01
Durrant, Betsy W65	Henley, Susan W74	
Walker, Laura W69	Barry, Marcia W58	
	45.72	1:00.31
		42.14
		39.84

**Women 240-279 800 Meter Free Relay**

1 VMST-VA	A	14:37.90
Jaeger, Debbie W44	Cox, Pearl W57	
Henley, Susan W74	Durrant, Betsy W65	
	39.80	1:23.50
	49.61	1:43.12
	1:05.40	2:14.65
		3:27.38
		4:38.69
	50.33	1:46.54
		2:43.49
		3:39.62

**Women 240-279 200 Meter Medley Relay**

1 VMST-VA	A	3:27.19
Walker, Laura W69	Barry, Marcia W58	
Jaeger, Debbie W44	Henley, Susan W74	
	54.48	54.23
		40.65
		57.83

**Men 100-119 200 Meter Free Relay**

1 RMST-PV	A	1:58.84
Choulga, Kirill M24	Tine, Michael M35	
Stock, Tiago M34	Goodwin III, James M24	
	26.42	29.48
		30.44
		32.50

**Men 120-159 400 Meter Medley Relay**

1 TERR-PV	A	4:38.92
Strahota, Jeffrey M26	Fehring, Peter M28	
Reynolds, Curt M46	Lee, Michael M39	
	35.67	1:13.14
		34.37
	32.61	1:12.13
		28.14
		1:00.39

**Men 160-199 400 Meter Free Relay**

1 TERR-PV	A	4:44.38
Elshafei, Emad M40	Reynolds, Curt M46	
Jarrell, Noble M30	Payne, Stephen M45	
	29.96	1:01.71
	40.95	1:22.88
2 GMUP-PV	A	4:52.66
Sax, William M37	Timmons, Timothy M60	
Sullivan, Timothy M58	Mc Lain, David M42	
	32.35	1:07.26
		35.82
	37.61	1:19.61
		1:10.99

--- RMST-PV	A	DQ
Goodwin III, James M24	Manheim, Frank M76	
Nakazawa, Muraji M50	Evans, Brian M42	
	35.71	1:20.11
		45.61
	43.97	1:35.28
		34.56
		1:16.22

**Men 160-199 200 Meter Medley Relay**

1 ANCM-PV	A	1:54.57
Britt, Clay M45	Dicks, Wally M43	
Feinstein, John M51	Roddin, Jeffrey M37	
	28.74	31.01
		29.98
		24.84

**Men 160-199 400 Meter Medley Relay**

1 VMST-VA	A	6:40.32
Goins, Todd M45	Swiger II, Ralph M50	
Lewis III, Lee M33	Cheadle, Richard M69	
	50.26	1:41.71
		51.44
		1:47.93
		1:12.23
		56.44
		1:58.45

**Men 200-239 200 Meter Free Relay**

1 VMST-VA	B	2:27.08
Swiger II, Ralph M50	Lewis III, Lee M33	
Goins, Todd M45	Lyons Jr, Thomas M73	
	36.92	31.92
		28.74
		49.50
--- GERM-PV	A	DQ
Wunderlich, Karl M41	Reed Jr, Edward M63	
Robinson, David M63	Wall, Kenneth M65	
	27.33	31.31
		34.59
		33.38

**Colonies Zone LCM Championships, August 26-27, 2006**  
**GMU McKay Natatorium, Fairfax, VA, Sanction #: 106-10**

**Men 200-239 800 Meter Free Relay**

1 VMST-VA	A	13:40.55	
Swiger II, Ralph M50	Lewis III, Lee M33		
Lyons Jr, Thomas M73	Wilmore, Chuck M72		
41.37	1:28.38	2:15.69	3:00.63
32.90	1:10.96	1:50.34	2:27.55
1:00.32	2:11.23	3:25.70	4:31.99
47.34	1:43.99	2:43.53	3:40.38

**Men 200-239 200 Meter Medley Relay**

1 RMST-PV	A	2:50.68	
Evans, Brian M42	Nakazawa, Muraji M50		
Paulson, Laurence M57	Gerson, Gordon M70		
40.37	41.90	38.83	49.58

**Men 240-279 400 Meter Free Relay**

1 GERM-PV	A	5:24.81	
Wall, Kenneth M65	Reed Jr, Edward M63		
Robinson, David M63	Walters, Mark M54		
37.74	1:22.71	35.87	1:13.83
41.50	1:28.29	1:19.98	

**Men 240-279 800 Meter Free Relay**

1 GERM-PV	A	12:32.90	
Walters, Mark M54	Reed Jr, Edward M63		
Robinson, David M63	Wall, Kenneth M65		
40.27	1:25.42	2:12.48	2:59.71
	37.29	2:10.78	2:54.82
47.65		2:33.57	3:22.50
42.14	1:30.61	2:24.30	3:15.87
2 RMST-PV	A	13:57.02	
Manheim, Frank M76	Evans, Brian M42		
Gerson, Gordon M70	Paulson, Laurence M57		
	1:45.74	2:44.98	3:40.78
34.95	1:16.21	1:59.42	2:41.30
57.81	2:02.61	3:08.74	4:11.39
45.47	1:37.88	2:33.28	3:23.55

**Men 240-279 200 Meter Medley Relay**

1 GERM-PV	A	2:38.05	
Wall, Kenneth M65	Reed Jr, Edward M63		
Walters, Mark M54	Robinson, David M63		
44.44	41.62	36.19	35.80

**Men 240-279 400 Meter Medley Relay**

1 GERM-PV	A	6:44.88	
Wall, Kenneth M65	Durham, Richard M65		
Robinson, David M63	Reed Jr, Edward M63		
46.47	1:37.95	54.71	1:59.15
	1:51.89	37.66	1:15.89

**Men 280-319 200 Meter Free Relay**

1 VMST-VA	C	3:00.35	
Sween, Niel M71	Wilmore, Chuck M72		
Cheadle, Richard M69	Maher, Owen M71		
47.54	41.00	1:31.81	

**Men 280-319 400 Meter Free Relay**

1 VMST-VA	A	7:29.93	
Sween, Niel M71	Wilmore, Chuck M72		
Lyons Jr, Thomas M73	Cheadle, Richard M69		
50.72	1:50.83	43.49	1:33.94
58.80			

**Men 280-319 200 Meter Medley Relay**

1 VMST-VA	A	3:35.69	
Sween, Niel M71	Wilmore, Chuck M72		
Lyons Jr, Thomas M73	Cheadle, Richard M69		
49.13	55.74	1:50.82	

**Men 280-319 400 Meter Medley Relay**

1 VMST-VA	B	7:48.74	
Sween, Niel M71	Wilmore, Chuck M72		
Lyons Jr, Thomas M73	Maher, Owen M71		
52.50	1:51.58	58.14	2:06.77
1:09.15	2:21.21	40.99	1:29.18

**Mixed 100-119 200 Meter Free Relay**

1 TERR-PV	A	2:06.06	
Strahota, Jeffrey M26	Stakem, Meredith W25		
Jarrell, Noble M30	Grover, Mollie W25		
29.00	29.42	38.19	29.45

**Mixed 100-119 400 Meter Free Relay**

1 TERR-PV	B	4:14.36	
Lee, Michael M39	Busch, Courtney W25		
Grover, Mollie W25	Strahota, Jeffrey M26		
27.31	58.05	33.12	1:09.58
	1:05.39	29.00	1:01.34
2 RMST-PV	A	4:18.98	
Tine, Michael M35	O'Reilly, Jennifer W27		
Fry, Jessica W26	Choulga, Kirill M24		
31.77	1:08.92	30.68	1:02.64
32.56	1:08.11	27.11	59.31

**Mixed 100-119 200 Meter Medley Relay**

1 NYCH-MR	A	2:29.12	
Malone, Thomas M34	Rauzin, Ivy W28		
Abreu, Guillermo M26	Friedman, Jodie W25		
37.29	47.88	32.45	31.50

**Mixed 100-119 400 Meter Medley Relay**

1 TERR-PV	B	5:32.89	
Stakem, Meredith W25	Strahota, Jeffrey M26		
Busch, Courtney W25	Jarrell, Noble M30		
40.59	1:22.86	41.10	1:26.75
36.12	1:19.90	40.88	1:23.38

**Mixed 120-159 200 Meter Free Relay**

1 NYCH-MR	A	2:11.76	
Friedman, Jodie W25	Rauzin, Ivy W28		
Gillespie, Thomas M44	Abreu, Guillermo M26		
31.41	39.41	31.43	29.51
--- RMST-PV	A	DQ	
O'Reilly, Jennifer W27	Nakazawa, Muraji M50		
Fry, Jessica W26	Goodwin III, James M24		
30.36	31.21	31.74	32.32

**Mixed 120-159 200 Meter Medley Relay**

1 RMST-PV	A	2:25.71	
Goodwin III, James M24	Dawson, Mandy W44		
O'Reilly, Jennifer W27	Stock, Tiago M34		
40.52	42.00	33.06	30.13

**Mixed 160-199 400 Meter Free Relay**

1 TERR-PV	A	4:32.96	
Stakem, Meredith W25	Voorhees, Carolyn W45		
Payne, Stephen M45	Reynolds, Curt M46		
31.51	1:06.62	31.43	1:07.23
35.77	1:15.39	1:03.72	

**Mixed 160-199 800 Meter Free Relay**

1 TERR-PV	A	10:55.23	
Elshafei, Emad M40	Wagner, Cheryl W54		
Payne, Stephen M45	Busch, Courtney W25		
31.36	1:05.00	1:39.06	2:12.39
42.00	1:29.79	2:19.78	3:07.49
40.53	1:25.40	2:12.20	2:56.88
35.94	1:16.04	1:56.86	2:38.47

**Mixed 160-199 400 Meter Medley Relay**

1 TERR-PV	A	5:48.86	
Payne, Stephen M45	Grover, Mollie W25		
Reynolds, Curt M46	Wagner, Cheryl W54		
49.80	1:40.82	43.27	1:31.57
31.97	1:10.07	40.31	1:26.40
2 VMST-VA	A	6:27.68	
Lewis, Bronwyn W43	Jaeger, Debbie W44		
Swiger II, Ralph M50	Goins, Todd M45		
47.62	1:37.62	50.44	1:46.55
49.85	1:46.78	36.10	1:16.73

**Mixed 200-239 200 Meter Free Relay**

1 VMST-VA	A	2:47.31	
Swiger II, Ralph M50	Bennett, Ruth W60		
Lyons Jr, Thomas M73	Hokenson, Christina W3		
43.94	38.39	34.07	50.91

**Mixed 200-239 400 Meter Free Relay**

1 VMST-VA	A	6:02.40	
Swiger II, Ralph M50	Jaeger, Debbie W44		
Lewis, Bronwyn W43	Cheadle, Richard M69		
38.86	1:22.78	34.23	1:12.63
41.62	1:26.87	57.08	2:00.12

**Mixed 200-239 800 Meter Free Relay**

1 VMST-VA	A	12:42.62	
Swiger II, Ralph M50	Jaeger, Debbie W44		
Durrant, Betsy W65	Wilmore, Chuck M72		
41.14	1:28.39	2:15.98	3:03.14
37.53	1:19.29	2:01.90	2:43.45
	1:41.05	2:34.80	3:28.11
45.15	1:39.00	2:34.84	3:27.92

**Mixed 200-239 200 Meter Medley Relay**

1 VMST-VA	A	3:06.65	
Jaeger, Debbie W44	Lyons Jr, Thomas M73		
Swiger II, Ralph M50	Lewis, Bronwyn W43		
41.03	1:01.54	44.89	39.19

**Mixed 280-319 200 Meter Free Relay**

1 VMST-VA	B	3:29.90	
Walker, Laura W69	Cheadle, Richard M69		
Sween, Niel M71	Henley, Susan W74		
42.72	52.39	54.15	1:00.64

**Mixed 280-319 400 Meter Free Relay**

1 VMST-VA	B	7:17.86	
Henley, Susan W74	Wilmore, Chuck M72		
Lyons Jr, Thomas M73	Walker, Laura W69		
59.32	2:10.03	41.08	1:32.19
55.46	2:00.08	45.50	1:35.56

**Mixed 280-319 200 Meter Medley Relay**

1 VMST-VA	B	3:27.03	
Sween, Niel M71	Durrant, Betsy W65		
Maher, Owen M71	Henley, Susan W74		
48.23			1:00.37

**Mixed 280-319 400 Meter Medley Relay**

1 VMST-VA	B	8:22.94	
Durrant, Betsy W65	Wilmore, Chuck M72		
Lyons Jr, Thomas M73	Henley, Susan W74		
54.70	1:52.22	57.18	2:08.02
1:04.36	2:20.31	55.99	2:02.39