



FAIRFAX COUNTY MASTERS

We are a self-supporting masters swim team, renting lanes from the Fairfax County Park Authority. Team members range in age from low twenties to seventies, and our current roster stands at about 100 people. Our coaches are a combination of former age group and/or college swimmers and current masters swimmers. We participate as a team in swim meets held year-round, though participation is completely optional. Additionally, some of our team members are triathletes who have found the training and instruction to be beneficial to them. Others are purely fitness/recreational swimmers. Membership also allows you to borrow various swimming videos and publications from our library.

Practice Times

Monday/Wednesday evening 8:00 - 9:00 p.m.	Oak Marr Recreation Center 3200 Jermantown Road Oakton, VA (703) 281-6501	(off Route 123 north, from I-66)
Tuesday/Thursday evening 8:00 - 9:00 p.m.	Audrey Moore/Wakefield Park 8100 Braddock Rd Annandale, VA (703) 321-7081	(just outside the beltway, near Braddock Road and I-495)
Saturday morning 7:55 - 8:55 a.m.	Providence Recreation Center 7525 Marc Drive Falls Church, VA (703) 698-1351	(just inside the beltway, near I-495 and Route 50)

Yearly Dues

All members of our team must be members of United States Masters Swimming (USMS) for insurance reasons. The USMS fee is \$37. This gives you a subscription to USMS Swimmer Magazine and puts you on a mailing list for information about local and national events and meets. Fairfax County Masters (FXCM) dues are \$40. FXCM and USMS dues run from January 1 through December 31 of the calendar year.

Swim Fees

Tickets: Swimmers may purchase tickets—which are good indefinitely—for each workout. The coach collects one ticket from each swimmer at the start of each workout. Tickets may be purchased at any time in the following lots:

- Dues Paying Members:
 - Tickets – 20 pack: \$145.00 (\$7.25 ea.)
 - Tickets – 10 pack: \$80.00 (\$8.00 ea.)
- Non Dues Paying Members/Non-Member single drop-in:
 - Tickets (any quantity) – \$10.00/per swim

Joining the Team

To join the team, you must complete the team application, which is available from our website at www.pvmasters.org/~fxcm/fxcmreg.pdf. Once you complete the application (with your check for \$77 or \$37, depending on dues), you can either bring it to practice and give it to a coach, or mail it to the address listed on the application.

When the application is processed, you will also become a member of USMS, and will receive your USMS card in the mail. Additionally, you will receive a Fairfax County Park Authority bar-coded pass card. Bring this card with you to each swim practice, and the front desk personnel will scan it, so you can gain admission to the pool.





If you are already a member of USMS through another team, but would like to swim in our practices, then you would only need to buy tickets. We will need to have a copy of your current USMS card, so that our team insurance coverage is not jeopardized.

Once you are a member of the team, we encourage you to join the team Yahoo Group, which is the primary method we use to communicate with the team. You may sign up by visiting the Yahoo Groups link on our web site home page at www.pvmasters.org/~fxcm. We suggest that you wait until your team membership has been processed, so that your Yahoo Group membership will be approved.

